

NOVOMETRIX
RESEARCH INC

Baroque
Bunny
Web Studio

CRYSTAL
BEACH
ADVENTURES



EMBARK
Integrative Health *Brave. Bold. Breathe.*



Permaculture
Institute of
North America

RADICAL PROSPERITY PROJECT

WWW.RADICALPROSPERITY.CA

AGENDA

01

WHY ARE WE HERE?

02

DISCUSSION

-

FEEDBACK

-

IDEAS

03

ACCOUNTABILITIES

04

NEXT STEPS

WHAT IF . . .

. . . we can bring the lake back?



DEGENERATIVE PARADIGM

EXPLOIT THE EARTH, MAKE A
PROFIT, AND LET SOMEONE
ELSE CLEAN UP!

- Pollution
- Using non-renewable resources
- Soil erosion
- Habitat destruction
- Using industrial poisons
- Sick and mentally unwell humans



SUSTAINABLE PARADIGM



HUMANS ARE A VIRUS!



- Anti-growth economics
- Choosing not to have children for the sake of the planet
- Unrealistic environmental goals
- Despairing that the world is about to end
- Self-loathing



REGENERATIVE PARADIGM

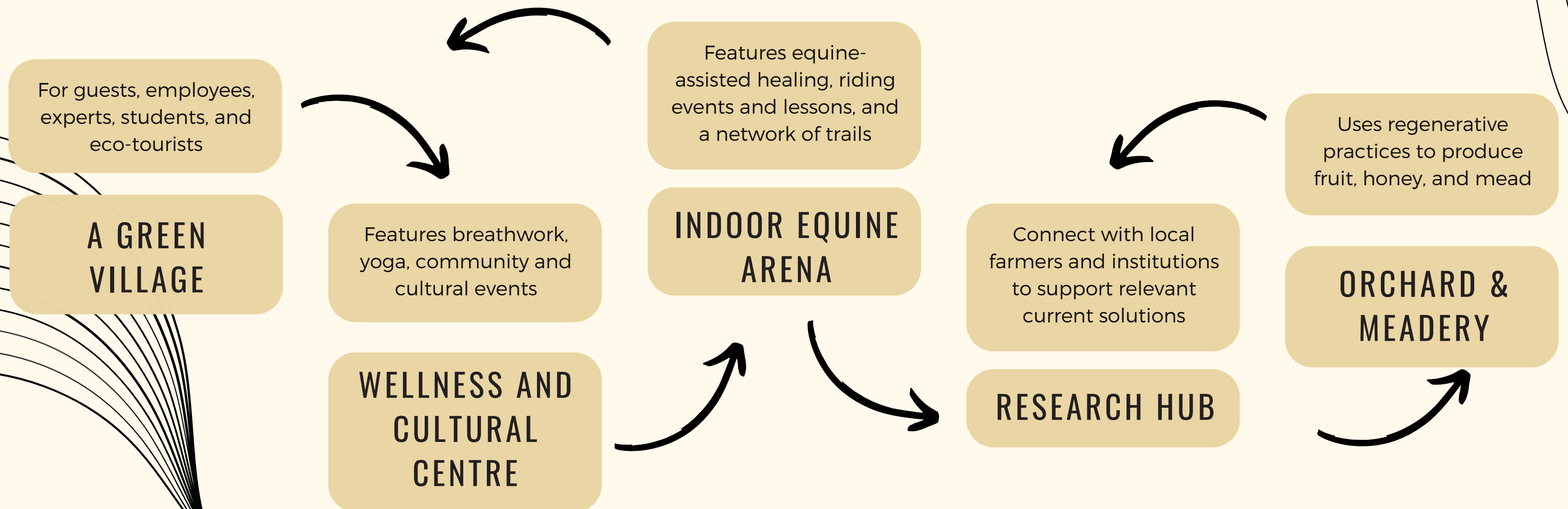
HUMANS CAN STEWARD
THEIR ENVIRONMENT



- Growing food in a way that regenerates the soil
- Reducing need for energy, and preferring renewable sources
- Cycling waste to where it is needed and valuable
- Relying on predators and natural systems to control pests
- Creating spaces that produce food, fuel, shelter, and energy not just for humans, but for all creatures

RADICAL PROSPERITY

A wellness centre and eco-destination.



Each facet of the RPP supports and feeds the others, promoting human and ecological health.

ORCHARD & MEADERY

A food forest featuring local species and trees that thrive in the sand hills and enrich the soil

- Taller fruit trees, such as norland apple, pear, or crabapple
- A lower story of saskatoon berry, sea buckthorn, buffaloberry, or currant
- A herbaceous story of haskap, or flowers to feed bees: yarrow, goldenrod, giant solomon's seal, and others
- And, to stop soil erosion, a ground cover of white clover





TINY VILLAGES

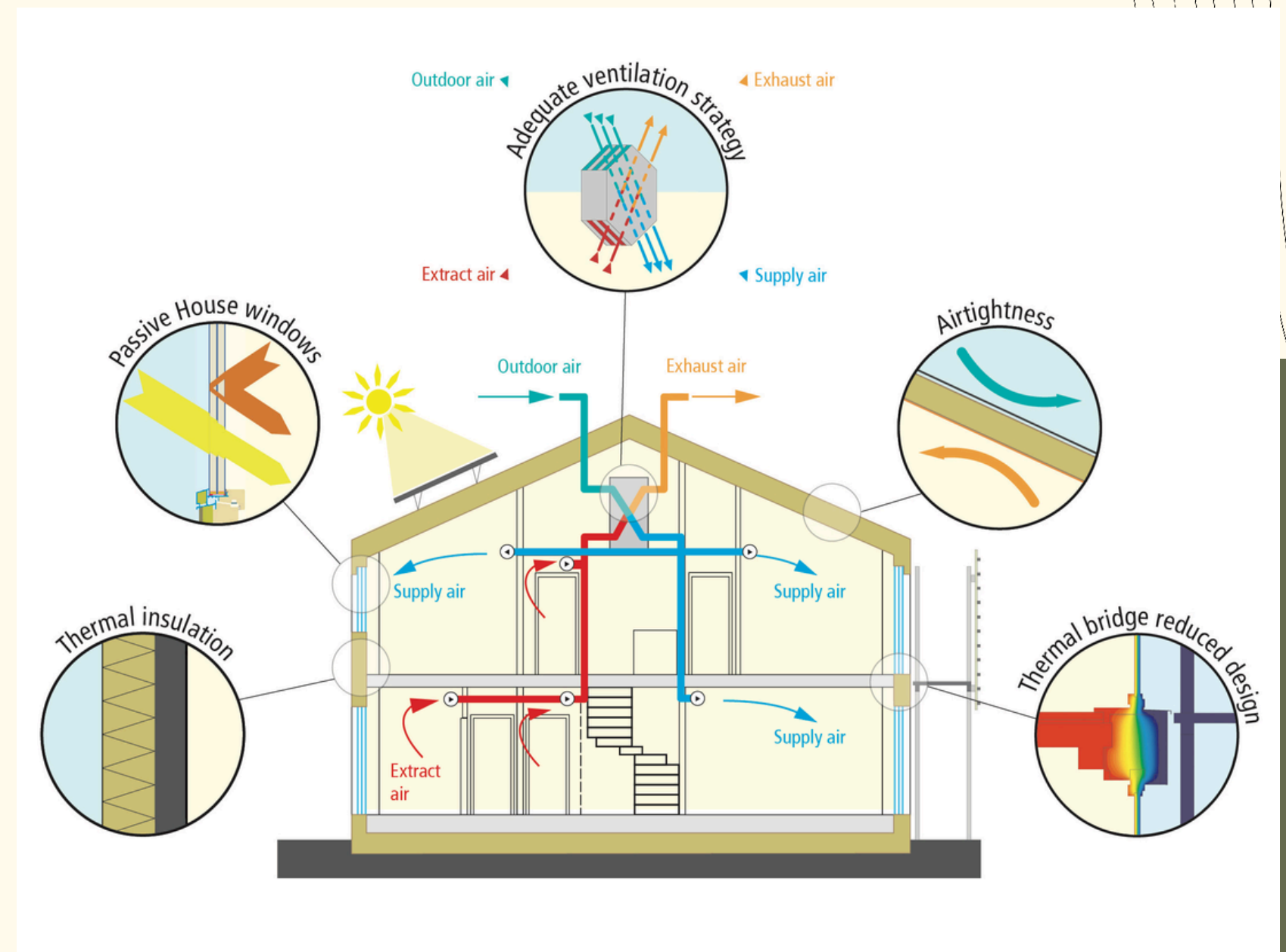
People coming together

- Co-op structure for those looking to get involved in the the project longer term
- Larger buildings for families or shared accommodation
- Resort cabins for short term rentals
- Accessible units for those who need more assistance
- Retreat village for those coming together for a purpose

BUILDINGS & RESOURCES

REDUCE AND REUSE

- Passive House is a building standard that is truly energy efficient, comfortable and affordable at the same time.
- Renewable energy through solar and geothermal heating
- Composting and grey water systems
- Gather locally to reduce carbon emissions



INDOOR ARENA & RECREATION CENTER

MULTI-USE BENEFITS AND COMMUNITY IMPACT



Equine-Assisted Learning & Therapy

- Safe, year-round space for equine-assisted programs.
- Supports mental health, trauma healing, and personal development.

All Ages Programs

- Includes youth, senior, family, and group programs
- Intergenerational activities fostering community connection.
- Programs that blend education, wellness, and skill-building.

INDOOR ARENA & RECREATION CENTER

MULTI-USE BENEFITS AND COMMUNITY IMPACT



Regenerative Agriculture

- Hosting permaculture workshops and sustainable farming initiatives.
- A space for shared learning in regenerative agriculture.

Community Recreation & Events

- Multi-purpose space for gatherings, workshops, and ceremonies.
- Supports physical health with fitness, yoga, and wellness classes.

Eco-Tourism & Wellness Retreats

- Attracts visitors for eco-tourism, wellness events, and nature retreats.
- Contributes to local economy and promotes sustainable living.

Shelter & Resource Hub

- Emergency shelter for extreme weather events.
- Resource hub for community support, meetings, and shared tools.

HOLISTIC WELLNESS CENTRE

FOCUS HEALING ON THE MIND, BODY, AND SPIRIT

- Physical, Mental, Emotional Healing: Breathwork, yoga, somatic movement, bodywork, and other therapeutic practices tailored to individual and group healing.
- Creative Expression: Movement therapy, journaling, art therapy, sound healing, and music circles
- Energy & Spiritual Therapies
- Educational Programs: Training certifications (breathwork, yoga) support lifelong learning and well-being.

HEAL, GROW, FLOURISH!



HOLISTIC WELLNESS CENTRE

THE CENTRE AND SURROUNDING OUTDOORS

- Shared Spaces: A community kitchen, library, and dining room create a welcoming space for people to connect, share meals, & find support.
- Gatherings for Connection: Bonfires, music festivals, and healing retreats, designed to bring people together.
- Educational Programs: Cooking and nutrition classes, sustainability workshops, herbalism, wilderness skills (foraging, camping, connecting with nature)

COMMUNITY GATHERING
AND SHARING SPACES



RESEARCH FRAMEWORK

Objective n° 1

Create new data to support practical economic, social and environmental sustainability

Objective n° 2

Add credibility to the RPP brand

Objective n° 3

Drive revenue for the project and the Region



TARGET RESEARCH AREAS

- Economic
- Social
- Environmental sustainability
and enrichment



EXAMPLES

BASED ON PROJECTS IN PROGRESS

Animal health and productivity

- Poultry and beef on farm data and collaborative framework to drive producer profits

Crop health and productivity

- Meadery/ cidery, ranchland at Crystal Beach
- within the game preserve
- Grain crop sustainability profit optimization

Social sustainability

- Optimization of regional economic sustainability, education, etc.

Environmental

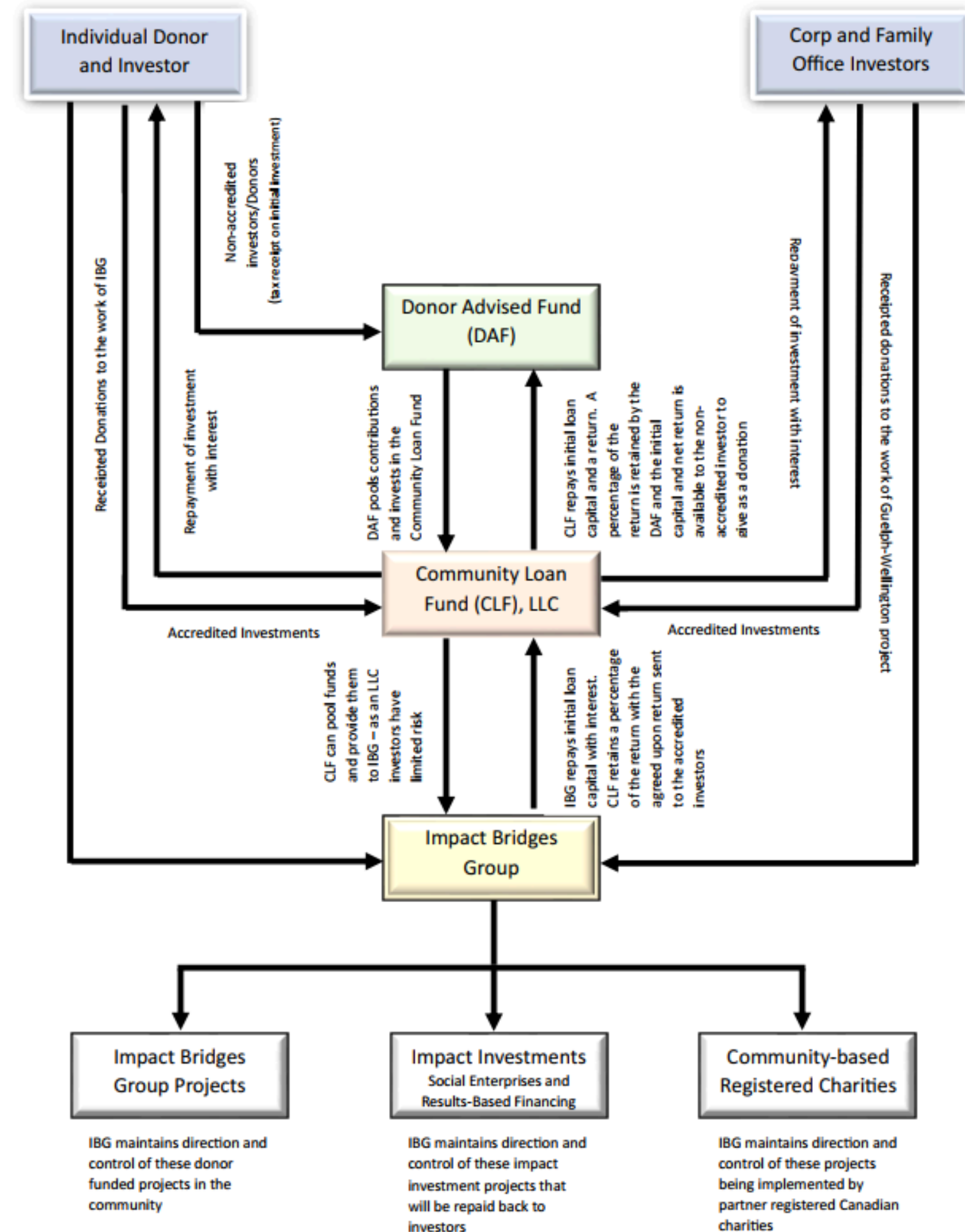
- Sandhills ecosystem and watershed sustainability and profitability



FINANCIAL PLAN

- Community Investment approach to funding involves everyone at every level
- Example is from the Guelph-Wellington Homelessness Project

A Community Investment Development Approach



INTEGRATED COMMUNITY BUSINESS PLAN

- Leadership and advisory Teams
- Collaborative and transparent governance structure
- Human resources / network management
- Project management
- Marketing, fundraising, communications
- Financial management
- Legal
- IT and systems
- Quality management
- Administration

Before

MAY

Framework building, bringing in partners, creating property plan including regenerating the lake and sand hills, and establishing roles and responsibilities

Plan

JULY

Wellness workshops begin, gathering resources, broadening reach, preparing materials, identify research opportunities, and planning launch

Launch

NOVEMBER

YOU ARE HERE
Formal introduction to the community

Next

2025

Planting shelterbelts
Resort cabins built
Dock and kayaks available
Stock lake fish
Event building complete
Retreats and events for wellness, horses, community throughout

LAKE REGENERATION

CRYSTAL BEACH LAKE IS ESSENTIAL TO OUR PROJECT. IT BRINGS LIFE AND BIODIVERSITY TO OUR NEIGHBOURHOOD OF THE PRAIRIE.

- The Lake is spring-fed, and fills when groundwater is high. When groundwater is low, during drought years, it can disappear.
- The source of groundwater is precipitation that falls in the sand hills. It filters through the sand, flowing toward the lake.
- To help the lake persist, we need more precipitation.
- The easiest way to capture precipitation is snow.
- With cooperation from landowners, we could plant more shelterbelts, put up snow fences, and begin reforesting.



CAN YOU SEE THE POSSIBILITIES?

- *Increased economic activities & prosperity for Harris & Area*
- *Developing a network of local food*
- *Health of our community & future generations*
- *Entertainment events like festivals and culture*

- *It might...might... save the world ;)*



QUESTIONS & DISCUSSION

1. Suggestions for people who may want to be involved?
2. Ideas not discussed?
3. Is this a hippie commune??
4. Do y'all hate oil & gas
5. Are you trying to change the way we farm?
6. Who is funding this? How do I invest?
7. Bunch of people coming to our town = trouble?
8. How can I help?
9. I know someone who would love this. How do I get them in touch with you?

THANK YOU!

We appreciate your time and energy.



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NEXT STEPS

*To receive the recap of discussion
and feedback from today's meeting,
please give us*

Stop and talk to Alana.

Email: project@radicalprosperity.ca



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NOVOMETRIX
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OUR TEAM



**Alana
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Owner & Operator
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Owner & Operator
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RN



**Jeremy
Cook**

Permaculture
Institute of North
America Certified
BA

PRINCIPLES

Mission



To create a catalytic community for research, healing, and regeneration of nature and humanity. To provide transformative experiences through equine assisted learning, nature immersion, wellness retreats, and cultural events in the unique sand hills of Crystal Beach Lake. Guests and residents will prosper in an innovative tiny village coupled with a community centre and organic orchard.

Nurturing

Wisdom

Collective

Neutrality

Empowerment

Values

